

# WORKSHOP ON THE FRESCO TECHNIQUE USED IN MAKING ICONS



**Program : 6 days**

In-depth course on the fresco technique used in making icons.

Students will be closely supervised through the following stages:

- preparation of the support (various types of support)
- arriccio (brown coat)
- velo (final plaster skin)
- design
- sinopia technique
- dusting
- timeframe
- painting

**Teacher**

**Fabio Bernabei , Stefano Garosi , Emmanouil Spanakis**

**Fabio Bernabei**

He was born in Rapolano Terme in 1957. In 1977 he began restoring paintings under the direction of Prof. Silvio Di Volo, then becoming his assistant. In 1985 he set up the "Bernabei Restoration Studio" and, while undertaking painting restoration work, also taught mainly in the fields of: Old painting techniques, egg tempera according to Tuscan principles, oil painting and preparation of materials for the various painting techniques. He taught courses in history of art, with particular emphasis on recognising and obtaining local materials (e.g. raw sienna). Since 1998 he has been studying the art of engraving.

**Stefano Garosi**

He was born in Florence in 1945. After gaining a diploma at Art School, he became an apprentice and co-worker at various studios in the following sectors of work: painting restoration, gilding and decoration, restoration of wooden supports, and the restoration of polychrome and gilt art works in wood. In 1966 he worked with the Studi Monteoliveto on a restoration after the flooding of Florence. Since 1969 he has restored old and contemporary paintings, frescos and art works in wood belonging to the Local Authorities, Churches and Museums. In doing so he has worked with numerous Offices of the Ministry for Monuments and Fine Arts. In 1976 he started teaching and has now become a Lecturer in Painting Restoration at the Piccola Accademia dello Sprone (Florence), the Istituto Statale d'Arte (State Artistic Institute) in Florence, the Scuola di Restauro (School for Restoration) of the Province of Florence, the Ente di Formazione Professionale (Institution for Professional Education and Training) in Cagliari. He also works with the School for Restoration in Yokohama, Japan.

**Emmanouil Spanakis**

He was born in Grevena, Greece in 1952. He was awarded a diploma by the Academy of Fine Arts, Athens. Following some professional work experience in Greece, including teaching courses in Byzantine Art and fresco painting, he moved to Italy. He opened a studio devoted to Byzantine Art and taught at the Accademia di Belle Arti (Academy of Fine Arts) in Perugia, while creating frescos for Churches in various parts of Greece. Since 2007 he lives and works in Florence.

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## Practical information

### Daily schedule

The cadence of the lessons varies according to each workshop ; each teacher have great freedom editing their schedule: nonetheless there are some fixed appointments that recur.

#### Sunday

4 to 7 p.m. : arrival and registration

8.30 p.m. : dinner and meeting with teacher and other students

#### From Monday to Friday

8.30 to 9.30 a.m.: breakfast

12.30 to 2 p.m. : packed lunch

8.30 p.m. : dinner

10 p.m. : review session

#### Saturday

8.30 to 9.30: breakfast

Final review session and workshop conclusions

The workshop is over at 12 a.m.

#### Check out within 12 a.m. of Sunday

### Fee

Workshop fee is : € 1500 .

#### The cost includes :

- lessons 6 days
- 7 nights accomodation in the "Artist's house" \*
- provisions for sel-catering breakfast
- packed lunch
- dinner at typical restaurant
- materials for the workshops
- shuttle service for excursions ( when applicable)
- use of the lab over the lesson's hours ( maximum until 11 p.m.)
- use of "meeting room " over the lesson's hours ( maximum until 11 p.m.)

\*The first students to enrol may take up accommodation in the "Artists' house", in double or triple rooms with shared bathrooms and kitchen, in a self-catering family situation, thus favouring a genuine exchange of experiences.

Beyond the first enrolled, any further students may avail of accommodation, paying a supplementary charge, in single rooms or sharing in agriturismo (farmhouse holiday centres) which have a favourable arrangement with us and are situated not more than five minutes' walk from the location of the courses.

#### Is not included :

- travel to and from the location of the workshop

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## Participants

The number of participants is minimum 5 maximum 15.  
The workshop will be held to achieve the minimum number of participants.

It is open to all skill levels.

## Where we are

We are in Greve in Chianti , near Florence, Tuscany – Italy  
It is suggested, when possible, to come by car, also to explore the surrounding area.

### TRAIN

The closest station is Firenze Santa Maria Novella . Behind the railway station, there is the bus station, for bus schedule please consult [www.acvbus.it](http://www.acvbus.it) . Let know your arrival in Greve in Chianti and we can arrange a free pick up service on Sunday afternoon.

### CAR

From Nord, highway A1 direction Rome or from Sud , highway A1 direction Bologna , the exit is Firenze Certosa , then take the road direction Greve in Chianti . Arriving at the ESSO petrol station in Greve in Chianti veer right ( following the brown sign for PIEVE DI SAN CRESCI) . At the small bridge turn right across the bridge and then immediately left up a steep hill. Proceed uphill ( via di Zano) and remain on the road which soon become unproved . You will pass the villa di ZANO on your right, continue for another approximately 800 m. and you will see the PIEVE DI SAN CRESCI.

If you have a navigator fill in the following information: Greve in Chianti, Località San Cresci 1

### AIRPLANE

The closest airport is the one of Florence . From there you can easily reach the train station by bus and then follow the train itinerary (see above). We are about 90 minutes away from the airport.

You can also rent a car to come in Greve in Chianti .

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## Arrival and departure

You should arrive between 4 and 7 p.m. on SUNDAY: that will give you time to check into your room, and be ready for the dinner at 8.30 p.m. where you will meet your teacher and other participants.

The workshops end at noon on Saturday.

**Check out within 12 a.m. of Sunday**

## Accommodation

The first students to enrol may take up accommodation in the "Artists' house", in double or triple rooms with shared bathrooms and kitchen, in a self-catering family situation, thus favouring a genuine exchange of experiences.

Beyond the first enrolled, any further students may avail of accommodation, paying a supplementary charge (ask for a quote), in single rooms or sharing in agriturismo (farmhouse holiday centres) which have a favourable arrangement with us and are situated not more than five minutes' walk from the location of the courses.

## Internet

Free Internet connection wireless is possible both in the meeting room and in the "Artist's house" .

## Enrolment

The number of participants for each workshop is a minimum of 5 and a maximum 15 people, in order to maintain a more direct relationship with the teacher.

**You can enrol :**

- by e-mail
- by fax

For your reservation to be effective you must send a deposit of Euro 500 for workshop as down payment.

Registration form constitute an agreement to the terms and conditions as laid out here.

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## Payment

The balance is due 30 days before the beginning of the workshop.

You can pay through :

- **Bank transfer to :**  
Beneficiary: La Macina di San Cresci  
IBAN IT02 L 07601 02800 000067195313
- **By PAYPAL**

## Workshop cancellation /Refunds

When working with professional teachers it can happen that at the last minute an unalterable assignment forces them to cancel a workshop.

A workshop can be cancelled if we do not reach the minimum number of participants. In these cases the students can choose either to be fully reimbursed or transferred to another course.

If you decide to cancel for any reason, the refunds terms are :

- 60 days before the starting date of workshop: total reimburse
- Between 60 and 16 days before the starting date of workshop : 50% of the fee
- Less 15 days before the starting date of workshop : no reimburse

**La Macina di San Cresci is not responsible for reimbursement of travel expenses in case a workshop is cancelled. We recommend that you buy refundable air/train tickets and/or travel insurance.**

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## What to bring

All materials for the workshop are included.  
We suggest to bring a coat for the painting .

You can bring a selection of your works for the first meeting with the teacher .

The atmosphere is informal. We recommend practical and comfortable clothes.

## Language

The courses are held by Italian teachers able to speak in English .

## Insurance

La Macina di San Cresci is not liable for personal injuries or equipment damage during the workshop duration. The signing of the enrolment form releases La Macina di San Cresci from any liability.

## Companions

The Chianti region is an enchanting territory which attracts millions of people. If you wish to participate in one of our courses and you have a partner, family-member or friend, contact us for an "accommodation-only quote".

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## Information

For any information , please contact us :

**Tel. /Fax:** +39 055 8544793

**E-mail:** [info@chianticom.com](mailto:info@chianticom.com)

**Mail:**

La Macina di San Cresci

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